

# THE CREATIVE HIGH

## A FEATURE DOCUMENTARY

### BOOK A SCREENING GUIDE

'Special Jury Prize for Excellence in American Profiles' San Francisco Independent Festival

'Carry the Message, Special Recognition Award' Thin Line Film and Music Festival

'Best Documentary, Women in Film' Austin Indie Festival

*"One of the unexpected pleasures of The Creative High is that we come to see the nine subjects as works in progress, partly because they commonly refer to themselves as "recovering" no matter how many years they've been clean or sober and partly because it is the nature of artists to continually develop and evolve."*

Michael Fox, KQED

## INTRODUCTION

Bring *The Creative High* to your organization or community. Our award winning documentary follows nine artists in recovery who are transformed by creativity in their turbulent search for identity and freedom.

## WHAT CAN YOU EXPECT?

We are happy to tailor the experience with additional features such as Q&As, workshops and special events. Possibilities include panel discussions, group activities and much more. Contact us and let's create something special together.





## INVITE THE FILMMAKERS AND ARTISTS

Filmmakers Adriana Marchione and Dianne Griffin would be happy to appear at your event. We can also include some of the artists featured in the film.



## IN-PERSON OR VIRTUAL

Organize an in-person screening to your preference and convenience. We can also help you arrange a virtual event that will still include plenty of other features.

## EVENT OPTIONS WITH THE CREATIVE HIGH

*The Creative High* is the perfect film to screen for treatment centers, behavioral health organizations, recovery communities, hospitals, museums, libraries, art organizations, universities, conferences, etc.

**Film Screening:** Screen the full length (75 min) documentary for your community or organization.

**Film Screening with Q&A:** Screen the full length (75 min) documentary for your community or organization followed by an active Q&A with filmmakers (in person or virtually).

**Film Workshop:** Screening a shorter version of the documentary (15 min) followed by an experiential workshop using the tools of art therapy (visual art, creative writing, embodied movement) and creative contemplation (mindfulness, meditation and art reflection).

**Host a Public Event:** Screen the full length documentary (75 min) with a Q&A and/or panel discussion with artist subjects, recovery professionals focused on the power of the arts and tools to support healthy recovery. We are actively engaged with artists, consultants and creative therapists/educators who work in the field of substance use disorders.

## HOW DOES CREATIVITY SUPPORT ADDICTION/RECOVERY?

The creative process can help people express emotions, improve self-esteem, relieve stress, improve symptoms of anxiety and depression, and ultimately complement treatment so people can thrive in recovery.

Film and art expression can provide dynamic healing opportunities that play a pivotal role in healing from substance use disorders.

Art-making can help us inquire into the nature of the 'true self' that lies below the surface of everyday habits and addictive behaviors by engaging in discussion and creative contemplation.

It can offer tools to access vital states of joy and spaciousness that can also increase self-esteem and quality of life for people who are both seeking recovery and in sustained recovery.

## FREQUENTLY ASKED QUESTIONS

### **What does organizing an event/screening involve?**

Your event can include a screening of the film followed by a Q&A or special workshop with the filmmakers, and even the artists featured in the film. We can also collaborate with your organization to customize an event. We can do panel discussions, fundraisers, group activities and more. Please reach out to us to have a more in-depth discussion about the best way to create a screening according to your vision.

### **Do I need to have a minimum number of people attending my event?**

Although we would like the film to be seen by as many people as possible, we have organized screenings in the past with a modest number of attendees as well. Please let us know about your potential audience size and we can see what type of event would work best for you. Let's talk!

### **Is there a fee if I wish to book a screening?**

Yes. There are separate screening and speaker fees. Organizers will also be responsible for out-of-town travel for an in-person event. We determine each fee individually based on the size, scope and budget of the organizing party and event.

### **Where can I watch the film?**

All our upcoming events are listed on our website. The film is not available for private streaming or viewing at this time.

## **FILL OUT OUR 'BOOK A SCREENING' FORM**

Find our BOOK A SCREENING form here:

<https://thecreativehigh.com/screening/>

## **CONTACT US**

Email us at:

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Please feel free to give us a call

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